


# International Council of Ophthalmology (ICO) Examinations

**ICO Exam Coordinator - Portugal**
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ICO
INTERNATIONAL COUNCIL
of OPHTHALMOLOGY

# What is the ICO Exam?

- Not one exam…

… Several Exams!



*They are the only worldwide medical-specialty examinations.*

- Started in 1994.
- In 2019:
  - ✓ 6500 examinations, 137 test centers, 83 countries.

Applications in: http://www.icoph.org/refocusing_education/examinations.html

# Types of ICO Exams

- The Standard Exams (30 March 2021):
  - Visual Sciences – 120 MCQ (2 hours)
  - Optics & Refraction – 60 MCQ (1 hour)
  - Clinical Ophthalmology – 200 MCQ (4 hours)

- The Advanced Exam (October 2021):

  10 Extended match-questions plus 75 MCQ (3 hours)

A face turn and head tilt to the right would most likely result from which of the following types of palsy?

(a) Left inferior rectus ( )
(b) Left superior oblique (✓)
(c) left superior rectus ( )
(d) Right inferior oblique ( )

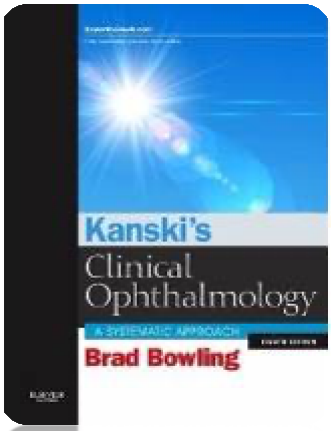
MCQ: 4 options! Single Best Answer!

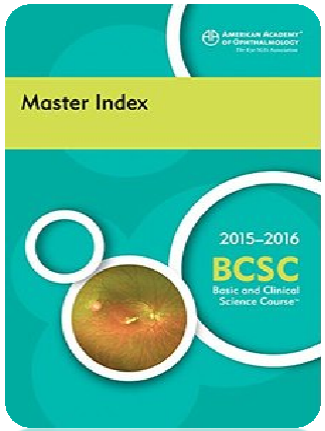
- Need 2 years at least, to do the 4 exams.

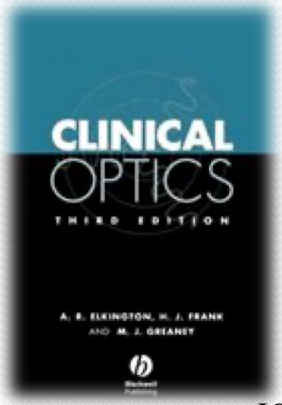
# Why should I do the exams?

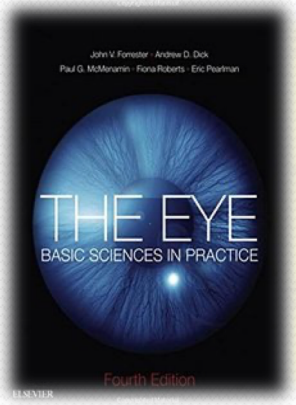
- They allow candidates to **self-monitor their performance** and for institutions to test their level of training.
- Passing the ICO Basic and O&R, gives the candidate **exemption from the Royal College of Physicians and Surgeons of Glasgow,** Part A, and Clinical Science the MCQ section of Part B.
- Successful candidates have an **increased chance** of getting one of the 80 or so **ICO Fellowships** each year.
- **Distinction (top 0.1%)** or **Merit (top 0.5%)** are assured of national and international recognition that they have achieved the highest standards.

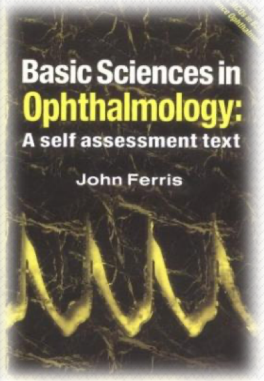
# Books to study?



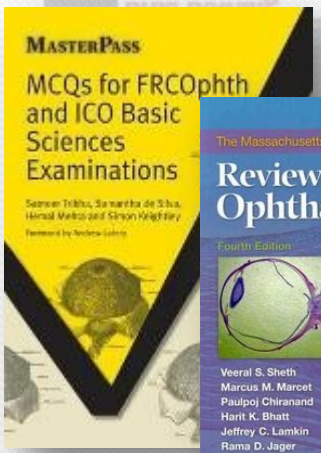



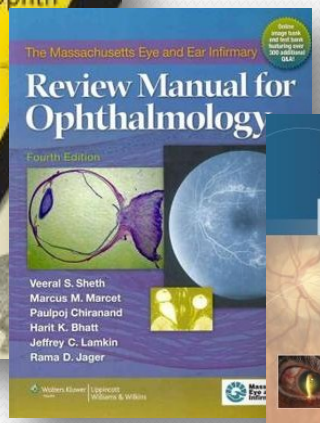



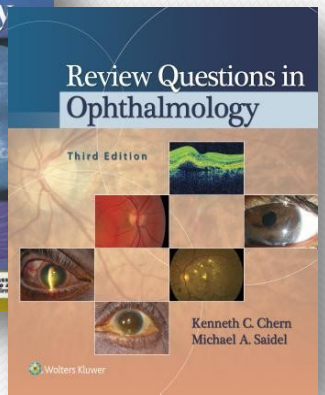



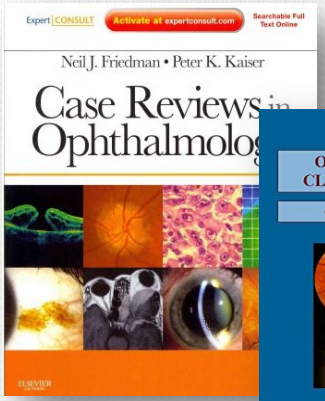

ICO: Basic &Refaction Exam

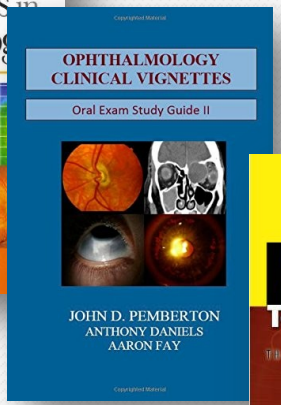


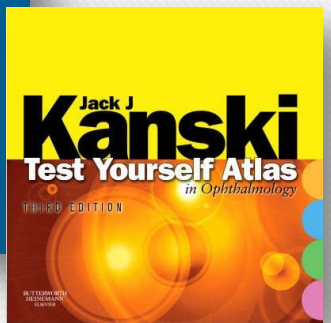




MCQ Books



# To be a FEBO…

1 Exam (European)

(2h30 + 1h = 3h30)

Fee: 400€

Pass rate: 90%

# To be a FICO…

4 Exams (Worldwide)

(2h + 1h + 4h + 3h = 10h) (No oral Exam)

Total Fees: 2225€

Pass rate: 50-60%

Both test **up-to-date knowledge** and a high level of common sense
**decision making** (don't expect easy exams!).
**Internationally** recognized (but not a licence to practice)
They give you a **"badge" of recognition**.

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*Thank you for your attention*